

## **Kinesiology/LEAD**

### **2023-2024 Course Information**

\*Syllabus for each course applies to all sections unless otherwise specified.

\*\*Spring course syllabi will be available at the beginning of the spring semester

## **KINESIOLOGY**

### Transfer Courses

PHED 1164	Introduction to Physical Fitness & Wellness
PHED 1301	Foundations of Kinesiology
PHED 1304	Personal/Community Health
PHED 1306	First Aid
PHED 1321	Coaching/Sports/Athletics I
PHED 1338	Concepts of Physical Fitness
PHED 1346	Drug Use and Abuse
PHED 2356	Care & Prevention of Athletic Injuries
PHED 1105	Weight Training and Conditioning
PHED 1106	Physical Conditioning
PHED 1107	Fitness Walking
PHED 1108	Varsity Athletics
PHED 1109	Varsity Athletics
PHED 1112	Aquatic Conditioning
PHED 1120	Spinning

## **LEAD**

### Career and Technical Courses

LEAD 1100	Workforce Development with Critical Thinking
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